**Learning Activity 2.1 Different Databases**

1. Can you name a list of databases that you are familiar with?

* Microsoft Access
* Various LIMS (Laboratory Information Management Systems)
* Various QMS (Quality Management Systems)
* EQuIS
* SAP

1. Is ‘spreadsheet’, a normal ‘text file’ a database? Why? Or Why not?

A spreadsheet or normal text file is not a database. Although, a spreadsheet can be used to store data in rows and columns, a data value is store in a cell. A spreadsheet can easily be converted to a text file and the data in the form of a text file can be uploaded into a database. In a true database, data is stored in the form structured tables containing rows and columns.